



THE Calling



Church Events

August 6-10
Soup Kitchen Volunteer
Week

August 7
SPRC
5:00pm
Room A8

August 8
Preschool Parent Meeting
10:00am
Room A8

August 8
Stephen Ministry
5:00pm
Room A1

August 8
Preschool Parent Meeting
6:00pm
Room A8

August 8
Family Swim Party
6:30-8:00pm
Ardmore Community Water
Park

August 14
Trustees
4:30pm
Carlock Prayer Chapel

August 14
Global Outreach Team
6:00pm

Fear and focus

By Bishop James Nunn

The letter of instruction ending with four ominous words: "Watch out for rattlesnakes." As I finished packing for the mission work trip, those words jumped out at me again. I have never liked snakes, especially rattlesnakes. My last encounter with a rattler had been almost a decade prior to this trip.

I was a director at a church camp for elementary children. I happened upon a camper who had discovered and was approaching a rattlesnake. I quickly got the child away from the snake, sent someone to get help, and established a safe perimeter. Before help could arrive, about eighty campers encircled the area. One of the campers threw a dirt clod in the direction of the rattler. It exploded on the wall of the building and showered the snake. The rattlesnake darted straight toward me! It stopped and rattled in panic mode, still ready to strike. "Who threw that clod of dirt?" I shouted to the group. No one admitted to the toss. Thankfully, camp personnel came to the rescue about that time.

My assignment on this mission trip was to clear a half acre lot of weeds to prepare for future construction. As I worked, I keep a sharp eye on the ground around me. I wanted to be sure I saw any rattler before it could see me. On the second day of the trip, it happened. I felt a sharp stinging pain. I had been bit! My first thought was, "It is a rattlesnake!" When I mentally isolated the location of my pain, I realized it was my elbow that hurt. I recall thinking "How can a rattlesnake jump four feet to bite me there?" As it turned out, I had been bit, but not by a snake.

As I lifted my eyes to look in front of me, I realized I had just attacked a huge wasp nest built in the top of the weed I was clearing, and around it was a whole swarm of wasps. The next day fire ants stung my leg. Not once during the trip did I encounter a snake of any kind. All that misplaced worry and fear. The misplaced worry and fear that had focused only on rattlesnakes had blinded me to other threats of the work.

Worry and fear are siblings. They are thoughts and attitudes that undermine peace and contentment of the soul. Worry and fear are products of an imagination that projects harmful outcomes. They champion loss, embarrassment, and harm.

In his letter to the Church at Philippi, Paul combats worry and fear with focus. He writes, "From now on, brothers and sisters, if anything is excellent and if anything is admirable, focus your thoughts on these things: all that is true, all that is holy, all that is just, all that is pure, all that is lovely, and all that is worthy of praise" (Philippians 4:8).

What we think about shapes how we live our own lives, how we interact with our families, communities, churches, and the world. What are you thinking about? ~OKUMC The Contact



Our annual kindergarten Bible presentation will be during the EPIC service on Sunday, August 19th. To reserve your kindergartener a Bible, email Amy at children@fumcardmore.com



CCDC Church Services *Jail Ministry News*

“All around me there is so much beauty. Beautiful birds everywhere, squirrels that run right in front of you. Even the landscape is so colorful and vibrant here. I just sit on the porch or walk the track thinking about how blessed I am to be here on God’s yard. This must be what seeing things through Jesus’ eyes feels like. Or, as close as it gets.”

The young woman who wrote these words is incarcerated in a state facility in Taft, OK. In March, she was sent to prison for losing her battle with addiction. In April, she received word that her mother finally went home to be with Jesus, after a long battle with cancer. Both have suffered and both have victory. One is seeing Jesus and the other is seeing through the eyes of Jesus.

Let’s Just Praise God!

Kim Hunt, Jail Ministry



August 5 - Ministry Fair @ 10am - Colvert Ministry Center

August 8 - Family Swim Party @ 6:30pm - Ardmore Community Water Park

August 15 - FUMC Preschool begins

August 31-September 3 - Labor Day at The Lake - Cross Point Camp

September 3 - Labor Day - Church Closed

September 5 - Wednesday Night Studies begin

September 15 - District Women’s Retreat - Faithbridge in Heavener

September 20-23 - Global Impact Celebration

September 22 - UMW District Annual Meeting

October 11-14 - True North Base Camp for Men - Cross Point Camp

November 9-11 - Tool Tyme Mission

November 22-23 - Thanksgiving Holiday - Church Closed

December 24 - Christmas Eve Services @ 4pm, 6pm, 8pm

December 25-26 - Christmas Holiday - Church CLOSED

December 27, 28 & 31 - Church Open 8-12pm

January 1, 2019 - Church CLOSED

Items Needed for VA Center

We have a church member who wants to collect items for the people in the VA hospital. They are in desperate need of:

Body wash
Shampoo
Deodorant
Shaving cream
Pocket t-shirts (men’s M - 4X)

You may bring them to the Welcome desk in a sack or box and label it "VA center". We will see that they are delivered to the VA Hospital. Thank you!!

NO MORE EGG CARTONS

The Food & Resource Center has not needed egg cartons for several months. They have requested to please no longer bring cartons as donations.

Thank you!

Welcome new members

Two staff members joined our church family in July 2018. Please welcome them when you see them!



The Henderson family joined on Sunday, June 3. Ezra, Candice, and Sherry Henderson accepted Christ, were baptized, and became members. Jason joined by transfer.



Sydney Butler joined on July 15, during EPIC, by transfer.

focus on folks

SYMPATHY

Our thoughts and prayers are with the family of Marjorie Sue Behm with her passing on July 20. Her services are Saturday, August 11, at 1:00 pm in McClure Chapel.

Our thoughts and prayers are with Clayton & Ashley Paul with the passing of Clayton's grandfather, Carroll Brown Hendershott, on June 25. His services were June 29 at First Baptist Church.

Our thoughts and prayers are with Walton & Kelli McMurry and Family with the passing of Walton's grandmother, Martha Sue McMurry, on June 27. Her services were June 30 in the Centennial Chapel of Harvey-Douglas Funeral Home.

Our thoughts and prayers are with Holly Harnsberger with the passing of her grandmother, Marjorie Faye Harnsberger, on July 16. Her services were July 21 in the Lake Murray Chapel with Pastor Brad Dery officiating.

Our thoughts and prayers are with the family of Margie Follis, with her passing on July 26. Her services were July 30, at 10:00am at the Griffin-Hillcrest Chapel.

Our thoughts and prayers are with Sally Rowton and family, with the passing of her husband, Billy Rowton, on July 26. His services were July 31 in our Sanctuary.



- Christian Joy - Air Force (Fairchild AFB)
- Jerry Bright - Navy (Little Creek, VA)
- David Seals - Army
- Seth Haynes - Air Force (Eglin Base, FL)
- Paxton Killblane - Army (Fort Bragg, NC)
- Wesley Patzkowsky - Army (Pilot, Deployed)
- Tyler Black - Army (Iraq)

If you have a loved one serving in the Armed Forces, please contact the church office. We want to acknowledge and be in prayer for each of our service men and women.



HERE'S THE SCOOP!

Sunday, August 26
6:00 pm
Colvert Ministry Center

Join the Global Outreach Team for a special Informational Event with Ice Cream!

First United Methodist Church
501 W Main
Ardmore, OK 73401

Sunday Services
9:00 am Traditional
10:00 am Sunday School
11:05 am EPIC

Prayer Chain
Lenny Frank 580-465-7515 frank.lennylisa@yahoo.com
Wadell & Sheila Altom 580-223-7272

David Daniel, *Senior Pastor*
Brad Dery, *Pastor*
John Hollon, *Pastor*

Call or email us: (580) 223-5390 | info@fumcardmore.com

Televised at 11:00am on CableOne, Channel 56, Broadcast at 9:00am on KVSO AM

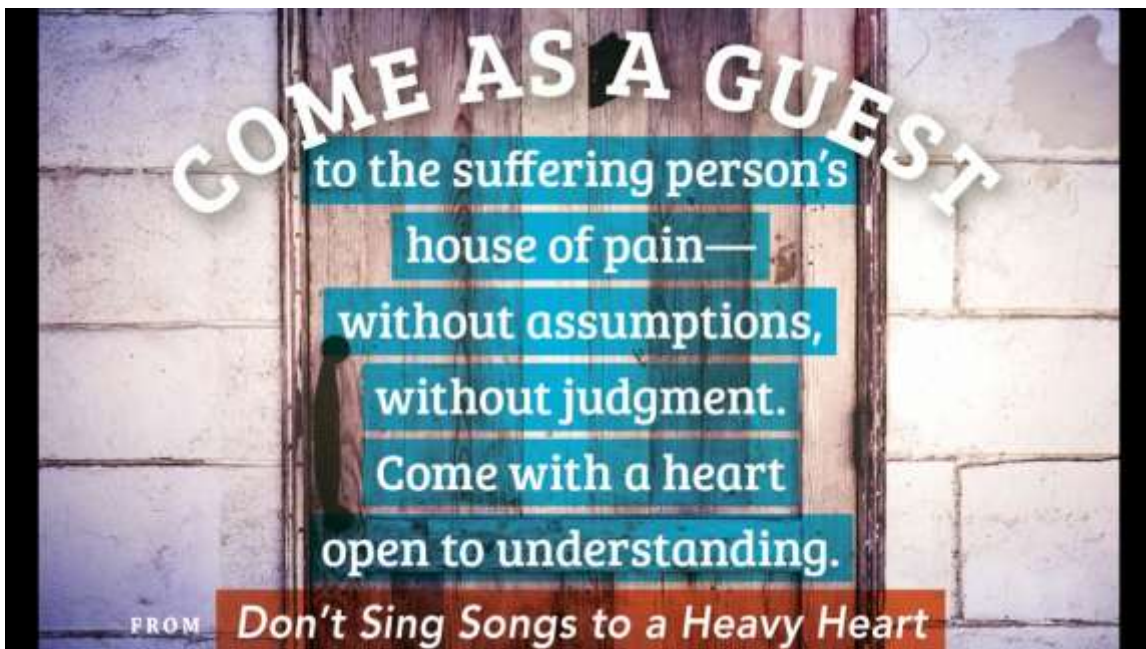
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Stephen Ministers have been trained to care for those who are suffering.
Please call Louise Daniels at 580-465-5958 or the church office at 580-223-5390.